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MATSURU

COUPE • CUP

MAY 2
2026



CENTRE
MULTISPORTS
RÉGIONAL
VARENNES - QC





MAY 2nd 2026



DIVISIONS

MAY 2nd 2026

U-10, U-12, U-14, U-16, U-18, U-21/Senior et Veterans

LIMIT 1000 PARTICIPANTS



WEIGH-INS

LOCATION- CENTRE MULTISPORTS RÉGIONAL

200 Rue Jean Coutu, Varennes, Québec J3X 0E1

U-10

BORN IN
2017 - 2018

Sex: M et F

RANK:
White, Yellow
WEIGH IN:
Friday
18:30 - 20:30
Saturday
9:45 - 11:00

U-12

BORN IN
2015-2016

Sex: M et F

RANK:
Yellow +
WEIGH IN:
Friday
18:30 - 20:30
Saturday
11:15 - 12:30

U-14

BORN IN
2013-2014

Sex: M et F

RANK:
Yellow / Orange
Green +
WEIGH IN:
Friday
8:30-20:30
Saturday
13:15 - 14:30

U-16

BORN IN
2011-2012

Sex: M et F

RANK:
Yellow / Orange
Green +
WEIGH IN:
Friday
18:30 - 20:30

U-18

BORN IN
2009-2010

Sex: M et F

RANK:
Yellow / Orange
Green +
WEIGH IN:
Friday
18:30-20:30
Saturday
14:45 - 16:00

U-21/SEN/VÉT

U-21/Sén - 2008 & less
Vét. - 1996 & less

Sex: M et F
RANK:
Y-O-G
Blue +

WEIGH IN:
Senior - Friday
18:30 to 21:00
Veteran - Saturday
14:45 - 16:00

WEIGH INS IS MANDATORY FOR ALL

Questions?

support@maturucup.com



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COUPE • CUP

MAY 2nd 2026



SCHEDULE

APPROXIMATE

SATURDAY MAY 2nd

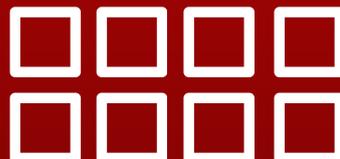
U-16 & U-21/Senior: 8:30

U-10: 12:30

U-12: 14:00

U-14: 16:00

U-18 et Vétérans: 17:30



8 mat areas



RULES

2026 IJF RULES

Fight Duration

- **U-10: 2 minutes continued**
- **U-12: 2 minutes**
- **U-14 et U-16: 3 minutes**
- **U18, U21/Senior : 4 minutes**
- **Veterans – 3 minutes**



JUDOGIS

- **White judogi required for the U-10, U-12, and U-14 categories. Blue judogi permitted when the second judoka is called.**
- **Blue judogi required for the U-16, U-18, and U-21/Senior categories (GREEN BELT AND ABOVE ONLY).**





MAY 2nd 2026



REGISTRATION

ONLINE

<https://inscription.judocanada.org/fr/evenement/coupematsuru2026>

U-10 & U-12

\$49 (before April 1 -2026)

\$59 (April 2-27 - 2026)

U-14 & U-16

\$69 (before April 1 -2026)

\$79 (April 2-27 - 2026)

U-18 / U-21
Séniors / Vét.

\$69 (before April 1 -2026)

\$79 (April 2-27 - 2026)

ONLY 1 CATEGORY PER ATHLETE



CANCELLATIONS

- \$20 cancellation fee before April 25th
- No cancellation allowed after April 25th
- Refunds will be processed 7 days after tournament date





MAY 2nd 2026



FREE PARKING
FREE ENTRY*

“FanZone” Matsuru -
\$5 entry fee per child (parent free)